

## Blend Coffee

House Blend Regular	\$2.5
House Blend Decaffeinated	\$2.5
Blend Flavor of the Week	\$2.5
Shell Point Blend 12oz Bag Ground Coffee-Regular	\$16
Shell Point Blend 12oz Bag Ground Coffee-Decaf	\$16

## Espresso Drinks

Espresso	\$3
Cappuccino: espresso topped with a layer of steamed milk foam, sprinkled with cinnamon	\$5
Macchiato: espresso topped with a dollop of steamed milk foam	\$4
Americano: espresso diluted with hot water	\$4
Mocha: espresso blended with chocolate syrup, topped with a layer of steamed milk foam	\$6

## Cold Coffee Drinks

Cold brewed iced house blend regular	\$4.5
Iced Café Latte: espresso and milk	\$5.5
Iced Mocha: espresso, chocolate syrup and milk	\$6.5
Seasonal Coffee Drinks	\$4.5

## Hot Tea

Regular and decaffeinated black and green tea, Earl Gray and a selection of flavored teas	\$2
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## Beverages

Can soda	\$2
Bottled soda	\$3
Milk	\$2
Juice	\$3
Bottled water	\$2
Fountain drinks or iced tea	\$2
Lemonade	\$2.5
Bottled Tea	\$2.5



Blend combines warm southern hospitality with welcoming, contemporary ambiance. Select from an appetizing menu of made-to-order breakfast items, delicious deli-style sandwiches and espresso beverages, then dine inside or head outdoors to soak up the sunshine from Blend's scenic, lakefront patio seating.

ALSO VISIT SHELL POINT'S  
OTHER DINING VENUES

- PALM GRILL
- BREEZEWAY CAFÉ
- ISLAND CAFÉ
- THE VUE
- LINDY'S CAFE

DIN-332-20

MENU



14441 Woodsong Lane • Fort Myers, FL 33908  
Phone: (239) 454-2060

## Breakfast Sandwiches

Smoked bacon, smoked Gouda and scrambled eggs, served on a toasted English muffin	\$9.5
Smoked Virginia ham, Havarti and scrambled eggs, served on a toasted ciabatta roll	\$9.5
Scrambled eggs, cheddar and vine-ripe tomatoes, served on whole wheat toast	\$9.5
Country sausage, scrambled eggs and pepper Jack, served on a toasted English muffin	\$9.5
Scrambled eggs, smoked Virginia ham and American, served on a warm buttered croissant	\$9.5

All breakfast sandwiches served with fresh fruit

## Woodlands Breakfast

Two eggs your way, served with choice of bacon, ham, or sausage and your choice of toast, served with fresh fruit	\$9.5
Smoked wild salmon, served with capers, red onions, vine ripened tomatoes, cream cheese and a toasted bagel	\$14.5
Made to order waffles	\$6.5
Add berries, bananas or chocolate chips	\$7.5
Caribbean French toast, topped with sliced bananas and toasted coconut	\$7.5
Add smoked bacon, smoked Virginia ham or country sausage	\$3

## Pastries, Fruit and Yogurt

Greek yogurt, topped with fresh blueberries, strawberries and organic granola	\$4.5
Fresh fruit	Cup \$1.5 Bowl \$4
Homemade banana bread	\$3
Assorted scones	\$3
Home-made assorted muffins	\$4.5
Home-made Cinnamon rolls	\$4.5
Home-made Sticky Buns	\$4.5

## Deli Lunch Sandwiches

Albacore Tuna Salad	Chicken Breast Salad	Egg Salad
Smoked Virginia Ham	Turkey Breast	Seafood Salad
Half \$7	Whole \$10	Add Cheese \$1
American, Cheddar, Swiss, Havarti, Smoked Gouda, Pepper Jack		
Served on your choice of: whole wheat, rye, white or gluten free bread and your choice of potato chips or fresh fruit		

## Wraps

Grilled Chicken with bacon, lettuce, tomato and Ranch dressing in a tortilla wrap	\$10
Chicken Caesar: Diced chicken breast, romaine lettuce, parmesan cheese and housemade Caesar dressing wrapped in a flour tortilla	\$10
Egg Salad BLT: Crisply smoked bacon, egg salad, romaine lettuce and vine-ripened tomatoes, wrapped in a sun-dried tomato tortilla	\$10

## Paninis

Margherita: Housemade pesto, fresh mozzarella, and vine-ripened tomatoes	\$8
All-American: Smoked Virginia ham, Swiss and cheddar cheese and honey mustard	\$9
Oakmont: Turkey breast, Swiss cheese and cranberry mayonnaise	\$9
Housemade Soup	Bowl \$4.5 Quart \$10

## Specialty Sandwiches

Rosemont Club: Sliced turkey breast, smoked bacon, Havarti cheese, iceberg lettuce, vine-ripened tomatoes and mayonnaise, on whole wheat toast	Half \$7 Whole \$11
The Dagwood: Piled high with ham, oven roasted turkey, Swiss cheese, cheddar cheese, smoked bacon, lettuce, tomato and mayo on your choice of bread.	\$11
Ultimate Grilled Cheese: Tomato, bacon, Gouda cheese on marbled rye	\$9
Grilled Cheese: Choice of cheese and bread	\$6
BLT: Bacon, lettuce and tomato with mayonnaise and your choice of bread	Half \$6 Whole \$9

Consuming raw or undercooked food may increase your risk for food-borne illness.

## Blend Salads

Promenade Salad: Romaine lettuce, carrots, tomatoes, walnuts, cucumbers, red onions and choice of dressing	\$7
Add chilled grilled chicken	\$5
Chef Salad: Romaine lettuce, julienned ham and turkey, Swiss and cheddar cheese, tomatoes, eggs, cucumbers and choice of dressing	\$10
Stuffed Vine-Ripened Tomato: A vine-ripened tomato stuffed with your choice of tuna, chicken or egg salad, served on a bed of romaine lettuce, matchstick carrot and cucumbers, with your choice of dressing	\$8
Woodlands Salad: Romaine lettuce, carrots, tomatoes, bell peppers, roasted almonds and choice of dressing	\$7
Add chilled grilled chicken	\$4
Mediterranean Salad: Romaine lettuce, black olives banana peppers, cherry tomatoes, red onion, cucumbers, assorted peppers, feta cheese served with Greek dressing	\$9
Cobb Salad: Mixed greens topped with grilled chicken, avocado, chopped eggs, bacon, blue cheese crumbles and diced tomatoes with choice of dressing	\$10

Salad Dressing:  
Ranch, Italian, honey mustard, blue cheese, balsamic and raspberry vinaigrette

## Desserts

Ice Cream: Check for today's flavors	
1 Scoop	\$3.5
2 Scoops	\$4.5
Assorted cookies	\$3
Chocolate Chip, Oatmeal or Seasonal	